

DIRECTORY

BENEWAH COUNTY

137 N. 8th St., St. Maries, ID 83861
245-4556



BONNER COUNTY

1020 Michigan, Sandpoint
263-5159

+ Environmental Health - 265-6384
322 Marion, Sandpoint, ID 83864



BOUNDARY COUNTY

7402 Caribou, Bonners Ferry, ID 83805
267-5558



KOOTENAI COUNTY

8500 N. Atlas Rd., Hayden, ID 83835

- + Administration - 415-5110
- + Environmental Health - 415-5220
- + Family & Community Health - 415-5270
- + Health Promotion/WIC - 415-5130
- + Home Health - 415-5160
- + Public Health Preparedness - 415-5180



SHOSHONE COUNTY

114 W. Riverside, Kellogg, ID 83837
786-7474

+ Institutional Controls Program (ICP)
783-0707



www.phd1.idaho.gov

August 2009

PANHANDLE HEALTH DISTRICT



Public Health

Serving
Benewah, Bonner, Boundary,
Kootenai and Shoshone Counties

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If you've ever eaten in a restaurant, had lunch at the county fair, taken a drink of cold water, cooled off in a public pool, attended public school, traveled abroad or enrolled your child at a day care center, you have likely benefitted from services provided by Panhandle Health District (PHD).

Panhandle Health District provides more than 40 different programs and services to individuals, families and organizations across North Idaho from restaurant inspections and drinking water safety to health education, senior services, immunizations and disease control and prevention. Panhandle Health District works with a variety of partners to promote and protect the health of our community.

Public health is an essential set of services guaranteed to all citizens. It is a network of local, state and national professionals working together for a safer and healthier community.

The PHD team is made up of nurses, nutritionists, environmental health specialists, educators and many other dedicated professionals with a common goal to deliver vital public health services. PHD protects community health, improves access to quality health care, promotes healthy lifestyles, increases years of healthy life and protects through preparedness.

Public Health...
Making a Difference
Every Day

Public Health

Environmental, Response & Technology

Day Care Inspections: Verification of immunization records, first-aid certification and fire code compliance; inspection of water sources, hygienic practices and potential environmental hazards; and complaint investigations.


Food Protection Program: Food borne illness prevention through safe food handling education and inspections of food establishments, food vendors and food processing facilities.

Indoor Air Quality (Radon): Resource of information for indoor air contaminants including Radon testing materials and education.

Mortgage Surveys: Individual water and sewage system compliance inspections for lending institutions.

Public Health Preparedness: Coordination of efforts in response to public health emergencies, including communicable disease outbreaks or acts of bioterrorism. This broad-based effort includes volunteers, emergency response teams, health care workers and local organizations.

Public Water Systems: Monitoring and guidance to small public drinking water systems to maintain safe drinking water.

Rathdrum Prairie Aquifer Protection: A number of water-quality programs encompassed to protect the Rathdrum Prairie Aquifer, including water quality sampling, sewage management agreements, critical materials regulation, non-domestic wastewater, aquifer recharge areas and public awareness. 

Environmental, Response & Technology cont.

Shallow Injection Well Inventory: Shallow Injection Well (drywells) Inspections to collect data on the installation of the injection wells.

Solid Waste: Education, compliance, assistance and inspections of landfills to provide protection of human health and the environment.

Subdivision Review: Monitoring, evaluation and enforcement of sewage disposal regulations on land development in North Idaho.

Subsurface Sewage: Evaluation, inspection and permitting of subsurface sewage disposal systems.

Family & Community Health

Asthma Prevention: Education and advocacy for effective asthma management.

Child Care Resource Center: Child care provider education and resource/referral to parents seeking quality child care.

Child Find: Developmental screening, monitoring and early intervention services for children birth to 36 months.

Communicable Disease Information: Monitoring of reportable diseases, observing trends of community outbreaks and containment of disease spread through intervention. Contact the Infection Control Nurse for communicable disease information.

Dental Health: Dental education and fluoride “swish” for elementary school children. Dental education and fluoride varnishes for children enrolled in CHIP or Medicaid.

Diabetes Education and Prevention: Health education and community intervention to ease the management of diabetes.

Family Planning Program: Confidential services based on a sliding fee scale based on client income and family size. Services include reproductive health education and counseling; Pap smears; contraception; breast exams; screening and/or treatment and education for sexually transmitted infections; and referral to community resources. Nurses available for questions Monday-Friday. Same day appointments available for family planning services.

Fit and Fall Proof: Prevention of falls for the elderly through physical fitness.

HIV and Sexually Transmitted Infections (STIs): STIs and HIV/AIDS exams and testing. Appointments required. Confidential services provided on a sliding fee scale. Nurses available to answer questions Monday-Friday, 8:00 a.m. – 5:00 p.m.

Immunizations: Child and adult immunizations, flu shots, overseas immunizations and Idaho’s Immunization Reminder and Information System (IRIS). State-supplied child vaccines determined on a sliding fee scale based on client income and family size. No child will be denied immunizations because of inability to pay.

Pregnancy Testing/Services: Pregnancy testing including education and referral services. Screening to determine eligibility for the temporary PWC Medicaid card that covers prenatal pregnancy services. Appointments required. Cost is determined on a sliding fee scale.

Resource Nurse (Helping Hands Medical Access): General health information and referrals available by telephone and by appointment. Vouchers may be available to local physicians for acute health care needs (co-sponsored by United Way of Kootenai County).

Susan G. Komen for the Cure Grant: Funding for vouchers through PHD for free mammograms for eligible women/men who are financially limited and underinsured. Limited diagnostic services available.

Tobacco Cessation and Prevention: Free cessation classes to help individuals to reduce or stop using tobacco, which decreases tobacco-related diseases, disability and death.

Tuberculosis Program: Treatment and screening of both latent and active tuberculosis. Skin testing is available by appointment. Medication is provided for the treatment of latent or active tuberculosis free of charge.

Women, Infants and Children’s (WIC) Program: Food and nutrition education program for women, infants and children targeting infants and children to age five as well as pregnant and breastfeeding women.

Women’s Health Check: Health screening including breast exams, Pap smears and, when necessary, free mammograms for women ages 50-64 who qualify financially and have no health insurance. Limited diagnostic procedures are available. Appointments are required.

PHD's Mission

To prevent disease, disability and premature death; to promote healthy lifestyles; and to protect the health and quality of the environment.

Home Health

Skilled Home Health Services: Doctor-ordered periodic registered nursing care for people recovering from or living with health problems at home. Accompanying services include therapy, medical social work, nutrition counseling, personal care and frequent contact with the patient’s doctor. Services are covered by Medicare, Medicaid, private insurance, VA, Worker’s Compensation and others.

Senior Companion Program: Healthy older adults provide free companionship and help with small chores and other activities for frail, homebound seniors living at home. Companions help with grocery shopping, provide transportation to appointments and offer a respite to full-time caregivers. Services are available 8 a.m. to 5 p.m. Companions are screened, trained, supervised and receive frequent continuing education.

Institutional Controls Program

Bunker Hill Superfund Project: Panhandle Health District has provided lead health education and the infrastructure for economic development projects since 1973. PHD developed and implemented the Bunker Hill Superfund Site Institutional Controls Program (ICP), a locally enforced set of rules and regulations to ensure the integrity of clean soil and other protective barriers placed over contaminants left throughout the site.

The ICP provides community education, contractor licensing and permitting associated with excavation and grading. The ICP operates a disposal site for contaminated soils and continues to assist lending institutions and prospective buyers with due diligence and disclosure. The ICP was expanded to the Coeur d’Alene Basin in July 2007.