

The Panhandle Health District Story 2010

Starring

District Staff

Lora Whalen, District Director
Mary DeTienne, Public Health Services Director
Dale Peck, Environmental, Response and Information Technology Director
Jim Fenton, Fiscal Director
And
A supporting cast of 154 in five counties

Board of Health

Marlow Thompson, chairman
Chris Beck, Kootenai County
Allen Banks, Ph.D, Bonner County
Jon Cantamessa, Shoshone County Commissioner
Walt Kirby, Boundary County Commissioner
Dr. Richard McLandress, Kootenai County
Cornel Rasor, Bonner County Commissioner

A Word from the Director



Lora Whalen

Promoting, protecting and preserving the public's health are the Panhandle Health District's top priorities. After I became PHD's director in the Fall of 2010, I asked the staff—registered nurses, environmental specialists, health educators, nutrition counselors, clerical staff and more—how we could improve the work we do. The answer was unanimous: get the word out.

People in our five northern counties can't take advantage of free smoking cessation programs, senior fitness classes to prevent falls, and breast and cervical cancer screening if they don't know about them.

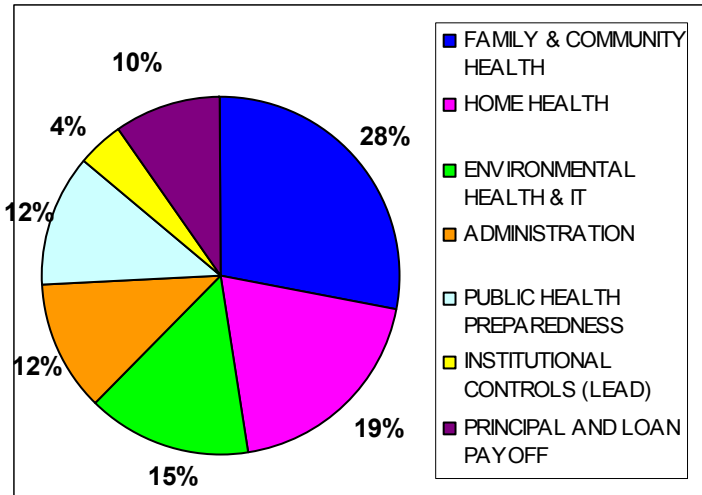
We provide nutrition counseling and food vouchers to qualifying pregnant women and children. We help assure that child care centers are safe. We help child care centers qualify for grants for improvements and teach children and adults how to protect our Rathdrum Prairie Aquifer.

We teach families and businesses how to prepare for disasters and provide nursing and therapy for patients in their homes. We assure food is handled safely by staff in restaurants. We immunize children and adults, test for HIV and provide family planning services.

We assure septic tanks are installed properly and offer information on maintenance of septic systems. When used, these services save on health care costs and lift some of the budget burden from state and county governments.

Our Annual Report is one way to get the word out. I hope you'll consider using our programs or suggesting that your neighbors or friends take advantage of Panhandle Health District's services. I would greatly appreciate your help in getting the word out on the value that your local health district provides to our community.

Panhandle Health District Finances Fiscal Year 2010

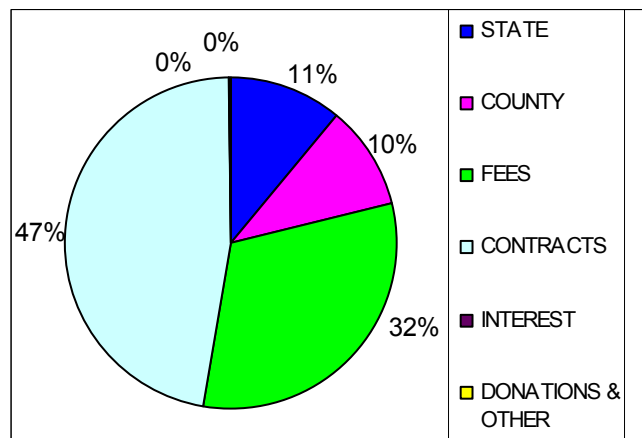


FY 2010 Actual Expenditures

Family & Community Health	\$ 3,245,235	28%	Personnel	\$ 7,163,746	62%
Home Health	\$ 2,246,949	19%	Operating	2,684,441	23%
Environmental Health & IT	1,674,383	15%	Capital	1,339,726	12%
Public Health Preparedness	1,392,944	12%	Pass-Through	349,586	3%
Administration	1,374,728	12%			
Building Payoff and Interest	1,134,802	10%			
Institutional Controls (Lead)	468,458	4%			
Total	\$ 11,537,499	100%	Total	\$ 11,537,499	100%

FY 2010 Actual Revenue

Contracts	4,968,639	43%
Fees	3,342,150	29%
State	1,167,200	10%
County	1,074,099	9%
Use of Reserves	946,165	8%
Donations, Other	33,457	0%
Interest	5,789	0%
Total	\$11,537,499	100%



Scenes from the Panhandle Health District 2010

Scene: People thrive in communities among the scenic mountains, forests and lakes of northern Idaho. But danger threatens just out of sight. Bacteria, viruses, contamination of food, water and soil, poor nutrition, chronic diseases, bad habits—all endanger the health and happiness of great numbers of people. Protection and prevention are the jobs of the Panhandle Health District.

How the Panhandle Health District Protected and Prevented in 2010:

- ◆ Saw 990 clients in Women's Health Check, a federal program that enables women with no insurance to get screened for breast and cervical cancer. The program led to the diagnosis of 19 breast cancers and 22 cervical cancers in 2010.
- ◆ Issued 84 vouchers for cervical procedures to women through the Cancer Research and Education (CaRE) grant.
- ◆ Gave 1,670 adult flu shots.
- ◆ Gave 1,982 children 4,903 vaccinations; gave 1,803 adults 3,410 vaccinations.
- ◆ Recorded 1,054 reportable diseases, including 635 cases of Chlamydia, 108 of Hepatitis C, 74 of pertussis (whooping cough) and 62 of lead poisoning.
- ◆ Gave 442 HIV tests and 2,688 Chlamydia/gonorrhea tests.
- ◆ Conducted 1,422 inspections at 1,253 food establishments.
- ◆ Conducted 497 site visits for aquifer protection that resulted in corrections in 51 facilities that eliminated 16,875 gallons of chemicals.
- ◆ Eliminated 12 commercial/industrial wastewater streams and redirected them to municipal sewers.
- ◆ Issued 2,177 permits to disturb, repair or install a protective barrier placed over contaminants left throughout the Bunker Hill superfund site.
- ◆ Provided environmental information and assistance for 406 land sales or leases in and around the Bunker Hill Superfund site.
- ◆ Disposed of 56,022 cubic yards of contaminated materials in Shoshone County.
- ◆ Trained and licensed 458 contractors, employees and local governments whose work will disturb clean barriers placed over contaminants left throughout the Bunker Hill superfund site.



Team Players



Scene: Senior men and women pull stretch bands and chat at a senior center following instructions from several senior class leaders. The scene is one of 24 free Fit and Fall Proof™ classes offered in the five northern counties to help reduce the risk of falling by strengthening seniors and improving their balance. The project is a partnership between the Panhandle Health District and the Retired Senior Volunteer Program. PHD manages the program, trains class leaders, provides equipment and supplies and collects data. RSVP provides volunteer class leaders, reimburses their mileage and recognizes their contribution. Most teach two or three hour-long classes each week. Class leaders donate more than 800 hours per year at a value of more than \$20,000.

Scenes from the Panhandle Health District 2010

Scene: A woman recovering from a stroke needs home health care. Her doctor knows Panhandle Health District's home health program is most likely the only agency that will travel to the woman's remote Bonner County home. PHD helps communities lower health care costs with broad-based home health services, free fluoride varnish for children, free smoking cessation classes, nutrition counseling, education for child care providers, family planning services, blood lead monitoring and more.

In 2010, PHD provided:

- ◆ Fluoride varnish for 490 children.
- ◆ Fluoride mouth rinse for 6,380 children.
- ◆ Dental services that sealed 131 surfaces for 38 children.
- ◆ Smoking cessation classes that helped raise the teen quit-tobacco rate by 5 percent to 49 percent.
- ◆ Nutrition counseling and supplements for an average of 5,106 WIC (Women, Infants and Children) clients each month.
- ◆ Northern Idaho communities with \$2,793,901 in WIC food vouchers over 10 months.
- ◆ Family planning services—annual exams, cervical cancer screening, infection diagnosis and treatment, birth control, pregnancy testing and counseling, HIV testing and counseling—for 6,851 families.
- ◆ 231 visits to child care providers to share information on how to improve services.
- ◆ Professional development for 423 child care providers.
- ◆ Training for 22 new Living Well in Idaho instructors, who teach people how to live well with a chronic disease.
- ◆ A new section on its website with information on northern Idaho critters—bedbugs, lice, spiders, ticks, etc.—and what to do when they're a problem.
- ◆ Blood lead level tests for 121 children living in the box and basin areas of Shoshone County.
- ◆ Home health patients with 14,606 hours in skilled nursing and therapy; 92 percent of the patients served reported satisfaction.



2011 County Commissioners

<u>Benewah County</u>	<u>Bonner County</u>	<u>Boundary County</u>	<u>Kootenai County</u>	<u>Shoshone County</u>
Jack Buell	Lewis Rich	Ron Smith	Todd Tondee	Jon Cantamessa
Bud McCall	Mike Nielsen	Dan Dinning	Dan Green	Larry Yergler
Phil Lampert	Cornel Rasor	Walt Kirby	Jai Nelson	Vince Rinaldi