

FAMILY DISASTER KIT CHECKLIST

Essentials:

- Battery-operated radio
- Flashlight
- Extra batteries
- First Aid Kit (one for home & one for each car)
- **DO NOT INCLUDE CANDLES.** Candles cause more fires after a disaster than anything else.

Water:

- 1 gallon per person per day, minimum, in a food-grade plastic container
- Additional water for sanitation

Food:

- Minimum 3-day supply of non-perishable food that requires no refrigeration or preparation and little or no water
- Dry cereal
- Peanut butter
- Canned fruits & vegetables
- Canned juice
- Ready-to-eat canned meats
- Ready-to-eat soups (not concentrated)
- Quick energy snacks, graham crackers

Sanitation:

- Disinfectant or bleach
- Soap, liquid detergent
- Toilet paper, paper towels
- Plastic garbage bags, ties
- Personal hygiene items

Clothing & Bedding:

- Sunglasses
- Raingear
- Sturdy shoes or work boots
- Blankets or sleeping bags
- Complete change of clothing and footwear per person – be sure sizes are correct – children grow!

Tools & Supplies:

- Whistle
- Aluminum foil
- Crowbar
- Compass
- Paper, pencil
- Plastic sheeting
- Medicine dropper
- Needles, thread
- Signal flare
- Matches in waterproof container
- Assorted nails, wood screws
- Pliers, screwdriver, hammer

- Plastic storage containers
- Heavy cotton or hemp rope
- Non-electric can opener, utility knife
- Cell phone with charger
- Mess kits OR paper cups, plates & plastic utensils
- Tape, duct tape, and plumber's tape or strap iron
- Patch kit and can of seal-in-air for tires
- Shut off wrench, to turn off household gas & water
- Cash, traveler's checks, change

For Baby:

- Formula
- Diapers
- Bottles
- Medication
- Powdered milk
- Baby food

For Pets:

- Food, water
- Non-tippable food and water containers
- Leash, harness, or carrier
- Records of vaccinations
- Pet medications

Important Documents*:

- Important telephone numbers (written down – don't rely on cell phone)
- Record of bank account numbers
- Family records (birth, marriage, death certificates)
- Inventory of household valuables
- Copy of will, life insurance policies, contracts, deeds, stocks & bonds
- Records of credit card account numbers and companies
- Copy of passport, social security cards, immunization records
- Copy of driver's license

*** Scan these items and email them to yourself – you can access them from your email account.**

Family Medical Needs:

- Prescription drugs – 10 day supply
- Heart & high blood pressure needs
- Denture needs
- Extra eye glasses
- Contact lenses & supplies
- Diabetic needs
- Any assistive devices (canes)

Entertainment:

- Games, deck of cards
- Books

In Flood, Fire, Hurricane Evacuation,

May Include:

- Family photos
- Jewelry
- Select irreplaceable personal items

KEEP A SMALL BAG PACKED INCLUDING A MINIMUM OF THESE ITEMS:

- Personal sized bottle water, one for each family member, and pets
- Dry snacks
- One complete change of clothing & footwear per person
- Cash, traveler's checks and/or credit cards; enough for food, gas & lodging
- Important documents
- Medications with original prescription containers
- Maps (evacuation routes & shelters)
- For baby: formula, diapers, bottles, medication & powdered milk
- For pets: food, leash, harness, carrier, non-tippable food & water bowls
- Games or books for kids & adults

PERSONAL DISASTER PLAN:

1. **Prepare your Kit**
2. **Complete the information on reverse side. Scan and email to yourself. Keep on your person and in your kit.**
 - a. **For medications, include name AND dosage**
 - b. **Put homeowners or renters insurance policy number and agent name/phone**
 - c. **Include health insurance policy numbers**
3. **Have an out-of-town contact person for family members to call & report in.**
4. **Draw a diagram of your home with escape routes, and practice them.**
5. **REVIEW ANNUALLY!**